



Does this type of care qualify for coverage by Medicare or other insurance?

The Vacation and Recovery Stay Program is an affordably-priced private pay option. This means that Medicare does not cover room and board expenses. We suggest you consult your insurance company, as some private insurance plans cover room and board expenses for assisted living. In addition, Medicare Part B or other private insurance may cover some optional services such as physical, occupational or speech therapy.

Are there other reasons to consider a vacation or recovery stay?

For some patients and families, the program provides a unique opportunity to evaluate the benefits of living at Richfield before making a permanent move.

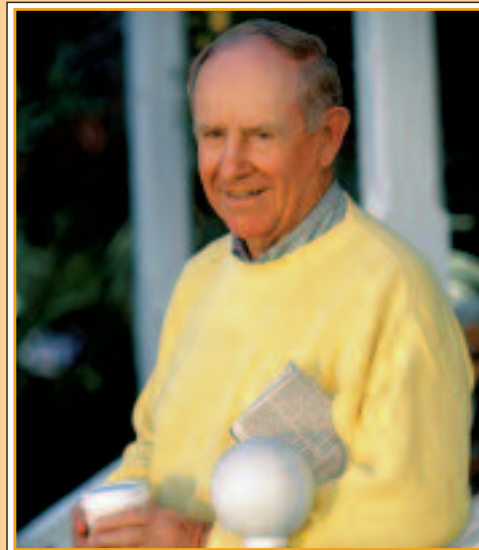
Full-time residents of our assisted living community enjoy all of the lifestyle advantages, services and supportive care that guests experience during their vacation and recovery stay, on a continuing basis. If, after your loved one's temporary stay is finished, he or she would like to consider permanent residency, we'll be delighted to provide complete details.

## Your Same Day Surgery Stay

*People recovering from ambulatory procedures such as cataract surgery, eye surgery and vision correction, cosmetic surgery, colonoscopy, catheterization, oral surgery, urological and vascular procedures will often benefit from a short period of rest and relaxation before returning home.*

*For them, the Same Day Surgery Recovery program serves much like a luxury hotel, with the added benefits of on-site safety and support services. In addition to comfortable private accommodations, wonderful meals and attentive personal service, the program also provides complete amenities, including private transportation from the patient's surgical setting to our facility.*

*Typically, guests utilizing this very special post-procedure recovery program stay for one to four days of relaxing and restorative "pampering" following their discharge.*



For more information on the Richfield Vacation and Recovery Program, or to arrange a tour of our community, contact us at **540-380-2986**.

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## The Vacation and Recovery Program



New temporary care options to benefit seniors and their caregivers.

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**N**ow, Richfield Retirement Community offers temporary care options tailored to the specific clinical, personal and professional needs of patients and their caregivers. Offering the ultimate in convenience and flexibility, our three-tiered Vacation and Recovery Program is ideal for –

- ▶ People receiving care at home. The program affords family members the opportunity to vacation, travel, deal with business or personal affairs, or simply take a restful break from the everyday physical and emotional demands of providing daily care to a loved one.
- ▶ Patients who have completed a hospital stay or rehabilitation, but would benefit from an added period of professional care before returning home or to an alternate level of care.
- ▶ Those who have undergone same day surgery and other outpatient procedures and want a day or two of pampered rest and relaxation before resuming their daily routines.

If you or a loved one might benefit from temporary care, the following questions and answers will give you further insight into this unique program, available exclusively at Richfield Retirement Community. Information applies to all three of the program components. Depending on the type of short-term stay – vacation, recovery or same day surgery – certain requirements, features and services will vary and are noted separately.

How does the Vacation and Recovery Program work?

Whether it is for a vacation, post-hospital/rehab or same day surgery recovery stay, the program works in much the same way. Depending on his or her level of need, your loved one is admitted to one of Richfield's three assisted living residences\*, including our Memory Care and Enrichment Center for individuals with memory impairment. Admission is on a temporary basis. You determine the length of the stay based on your particular situation.

### Your Vacation Stay

*Now, taking care of someone at home doesn't have to be a year-round commitment. At-home caregivers can rest assured that their loved ones will receive the highest quality, attentive care during their temporary stay at Richfield Retirement Community.*

*As its name suggests, the program allows caregivers time to vacation, deal with personal or business affairs, travel or enjoy needed respite from the stress and strain of round-the-clock caregiving.*

*There are no qualifications to meet. Guests must only be evaluated by our care team to determine individual level of care needs.*

*There are also no limitations on the length of a guest's stay. Whether for a few days, a few weeks or more, the choice rests entirely with the individual and his or her family.*

What accommodations are available?

Temporary guests have their own home-like, private or semi-private rooms. Each room is attractively furnished and decorated and includes a private bath. Housekeeping, laundry and maintenance services are provided.

What about meals?

Three delicious meals are served daily in our gracious dining room where, along with the great food, guests will enjoy meeting new friends in a warm, welcoming atmosphere.

Are support services available?

Our assisted living facilities provide a supportive environment where staff is available round-the-clock, medications are administered, meals are prepared and assistance with personal care is provided.

What if a guest requires ongoing health care services?

Help with monitoring health conditions and managing medications, as well as physical, speech and occupational therapy and other rehabilitative services are optionally available on-site. A highly skilled licensed nurse is always available whenever the need arises.



### Your Recovery Stay

*We understand that after the need for hospital care or rehabilitation has passed, some patients feel they are simply not ready to return to their homes and daily routines. They recognize that a period of skilled professional care will make a significant difference in their transition - emotionally and physically - back to everyday life. Some may also want additional time to carefully evaluate their level of need and to consider alternate care options. In these situations, a Recovery Stay at Richfield is a perfect solution.*

*Likewise, even after rehabilitation has restored the patient to a degree of independence, family members may find that they are not able to personally provide for a loved one's continuing health care needs. This new option in transitional care offers a supervised environment where the patient may build confidence, strength and functionality. Moreover, it presents at-home caregivers with the opportunity to assess whether the time has come to select long-term senior care for their loved one.*

*Generally, patients must only meet the following criteria to qualify for the Recovery Stay program:*

- ▶ *The patient must be evaluated by the Richfield Retirement Community care team to determine individual level of care needs.*
- ▶ *If the patient is recovering from subacute or short-term rehabilitation, he or she must no longer be eligible for Medicare Part A-related benefits.*

*Once admitted, patients are welcome to stay as long as they like. The decision is up to you.*